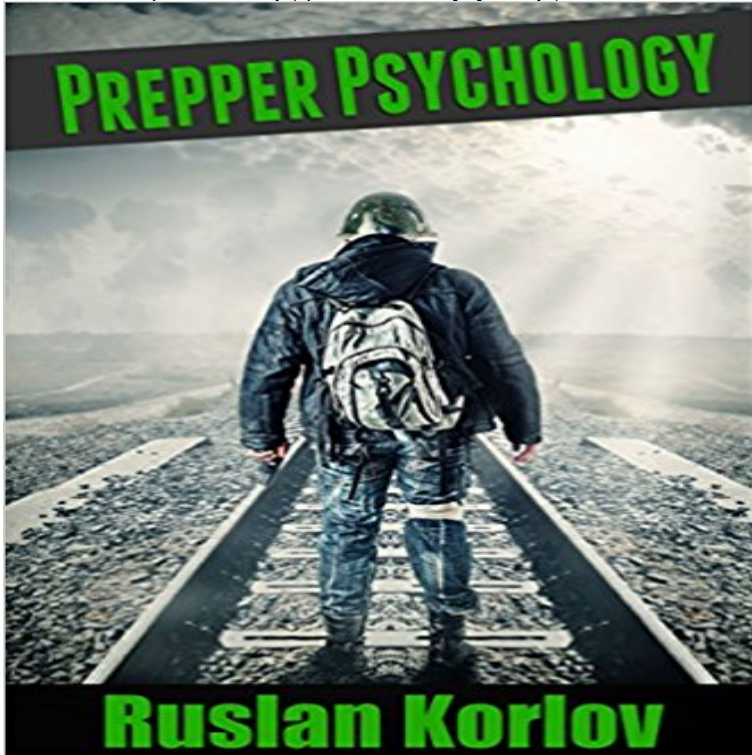


# The Psychology of Prepping: What Every Good Prepper Is Thinking



What Will The Next SHTF Scenario Feel Like? Its very easy to view the process of prepping as an exercise in supply gathering, you get the list of kit, store some food and water and congratulations Youve prepared. Or have you? The reality of a disaster scenario is not bug out bags and fire flints that have never seen so much as a spark; the reality is that surviving economic collapse, the next pandemic or a natural disaster will be a dog fight fought mostly in your own head. Long days, longer nights and dwindling supplies will be the mainstay of your days. So exactly how can you prepare for that? You can start by understanding the realities of what will happen, the fact that people will turn on you and friends will become enemies or the fact that youll have to deal with the reality of the world never being the same ever again. So what can you do now? There are predefined stages that well all go through, including the stage were likely to be in now the one where nothings happening. You can learn about the mental challenges that youll face at each part of the fight for survival and whats more, youll learn how others are thinking which is just as important. Second guessing the moves of others allows you to set up your plan to counter them before its even begun. Prepping is often misconstrued as an activity of the paranoid or for those who choose to isolate themselves from society, but if recent years are any indication of the future, then unpredictable events are a real concern and any smart individual is going to be ready. Here Is A Preview Of What Youll Learn... Why Prep? Why there is a real need to prepare for the unexpected What to do before it even starts How to manage mass panic and hysteriaHow to stay mentally vigilant through it allHow flourish while others perishTo bug in or bug out that is the question?How to prepare for a new worldThe difference between surviving and thriving! Download

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