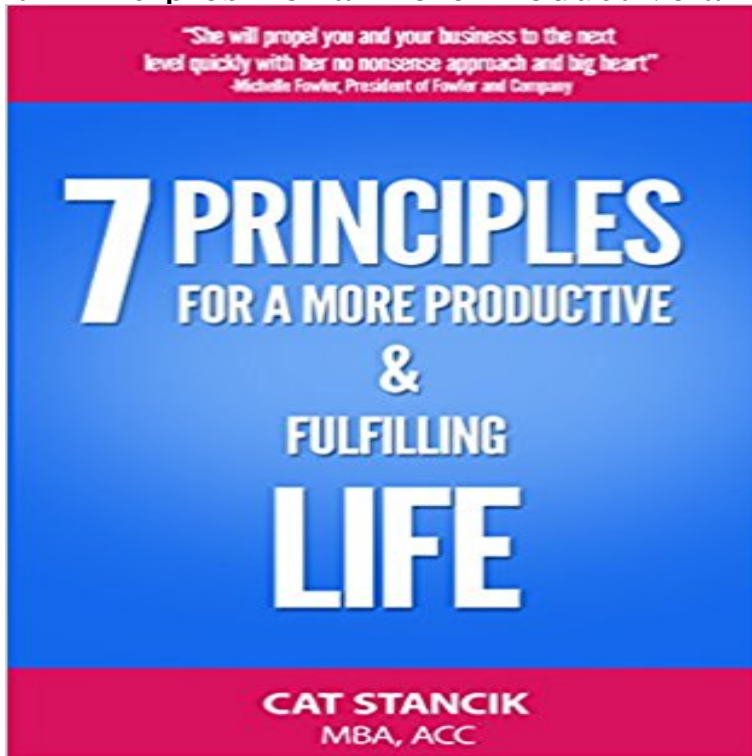


7 Principles For a More Productive and Fulfilling Life



You, the entrepreneurs, have worked hard and diligently to reach a certain level of success in your businesses, and more often than not, you've had to do everything yourselves. This has sometimes happened at the cost of what people call work-life balance. You've started to miss out on life's important events, like school recitals, vacations, and self-care. I want you to STOP IT. This is not how you are meant to live life, and not what you set out to have your life look like when you started down your entrepreneurial path. Actually, you strived for just the opposite. Entrepreneurship was supposed to set you free. But now you are starting to feel like you are shackled to your desk, watching life pass you by. If you are stuck in a constant cycle of feeling overwhelmed, scared, exasperated, frustrated, overworked, and stressed, then you've found the right book! I'm going to share with you my seven principles for a more productive and fulfilling life, so you can stop feeling overwhelmed. Productivity is a means to an end—a beautiful, relaxing, love-, light-, and sun-filled end where vacations are had multiple times a year, massages are enjoyed monthly, and joy and laughter are abundant each and every day. What am I talking about? Life! The way you were meant to live it, on your own terms. So how can you leverage productivity in your business to get the results you want, yet not at the expense of other areas of your life? You need the three Cs: clarity, commitment, and conviction. You can accomplish them by utilizing these seven principles: 1. Master your mindset 2. Leverage your strengths 3. Gain personal clarity 4. Solidify your business vision 5. Delegate with efficiency 6. Commit to self-care 7. Stay accountable Each of these seven principles is focused on personal and professional aspects of your life. They are meant to give you clarity, reinforce your commitment, and

sustain your conviction for success. You will notice that these principles are focused on you as a whole person, not just on your business. After all, you are not two separate people (personal and professional), but one amazing and competent person who can achieve the life you want to live. Once you are clear, committed, and full of conviction, you can progress to achieving your goals with purpose. This is when you can start with your big vision, leveraging the clarity and concepts outlined in the principles, to increase your productivity and attain your new desired level of success.

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