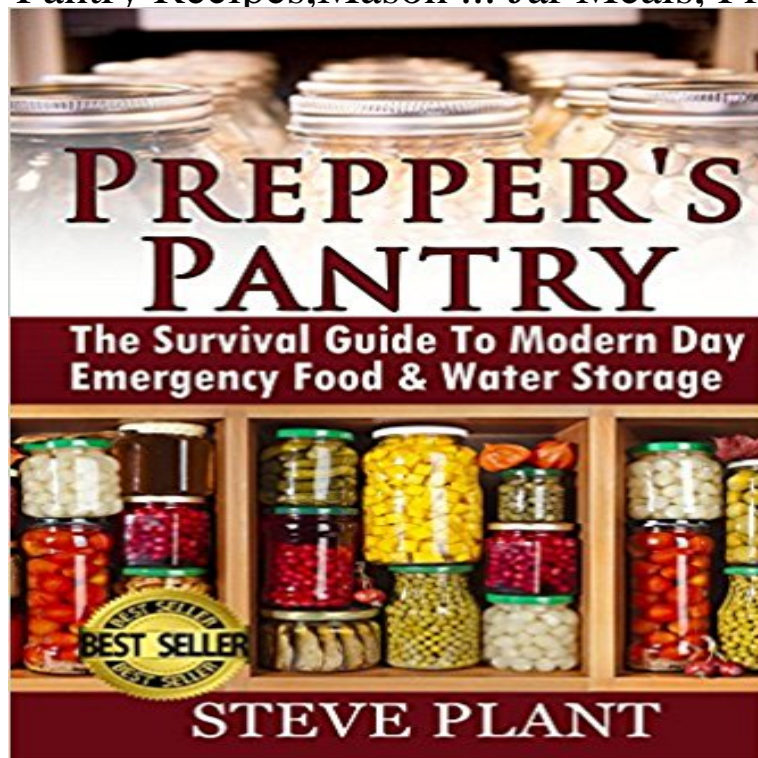


Preppers Pantry: The Survival Guide To Modern Day Emergency Food & Water Storage (STHF Stockpile, Disaster Survival, Food Preservation, Pantry Recipes, Mason ... Jar Meals, Preppers Cookbook, How To, DIY)



Preppers Pantry Is An Amazon Best Seller With More 6200 Downloads Will you and your family have enough food to survive a major disaster? You have heard a lot about prepping and emergency food storage, but what is it really? How do you know what you need or how much you need? When you see images on television or on the internet of these well-stocked food pantries, it can be a little overwhelming. Hundreds of cans of food, boxes and boxes of pasta and gallons of water lined up on a shelf seems like a lot of work. To be perfectly honest, it is, but it can be done with a little guidance and due diligence. This book will help walk you through what it takes to build up a food storage that will carry your family through the aftermath of a disaster. When store shelves are empty and there is no hope of the shelves being stocked in the immediate future, you have to rely on yourself and what you have put into your own prepper pantry. Building up a supply of food that will last your family for a few months is great, but your long term food pantry goal is one year. One years worth of food on hand to take care of your family. You are also going to need some help when it comes to storing water. Water is a necessity, but it is cumbersome. You will find some ideas to help you meet your water needs. What will you do when your food supply runs low? Dont worry, this guide has you covered and will explain scavenging and why you need to be prepared to do it. With This Book You Will... Learn How Plan Your Food Supply Learn About Canning And Drying Your Fresh Food Learn 10 Easy And Delicious Recipes You Can Easily Prepare And Preserve Learn How To Efficiently And Safely Store Water Learn How To Manage Your Food And Water Properly If There Is An Emergency Learn The Best Ways to Scavenge and Restock Your Supplies Much, Much More Readers say..... Who knows what tomorrow will

bring? If the world as we know it comes to an end it will probably be dog eat dog but if there is a storm, earthquake or other natural disaster then this book will help you be ready to take care of yourself and your family. Great ideas, recipes and lists of things you need to do.....Michael R. Henson Feeding and caring for your family is still going to be a priority, but it is going to be much more difficult without the benefits of grocery stores, fast foods and restaurants. This book would give you additional knowledge on how you can prepare foods and last this for long period of time- that is food PRESERVING. For a career oriented people and already have family, it may reach to a point that you find it hard to feed your children coz there is no time to cook for a food that required long process coz it is time consuming. You must read this book coz this will introduced you a best and effective way on how you can make foods and preserve it for a long time and they only way that you will do is to put it in a heat before eating.....Dehn A. Emergencies can crop up out of nowhere. This is why this book is so vital. When disaster strikes, providing for our basic necessities becomes crucial. Plant does a nice job of outlining the top food and drink items to have in your pantry in the case of a survival situation. Having the right information about canning, recipes, and rationing can mean a world of difference.....Marshall Hanks Get Your Copy Now! Tags: Jerky, Camping Disaster Preparedness, SAS Fishing, Hiking Supplies Canning Guide, Food in Jars, Cookbook, Comfort Food, New World Order, Economic Collapse, What To Stockpile, How To, Do it Yourself, shtf plan, survival pantry,

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