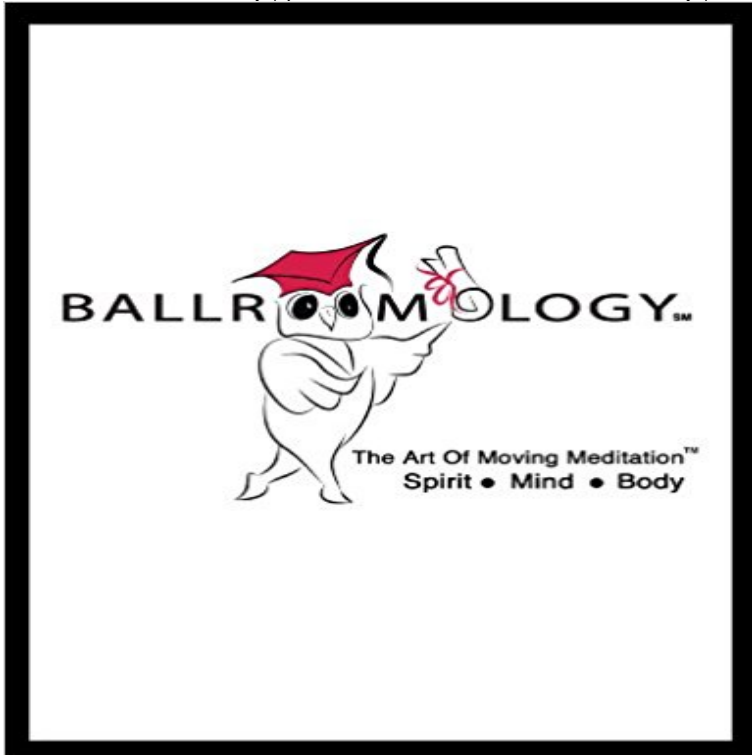


# Ballroomology - The Art of Moving Meditation



A Transformational Journey connecting spirit mind and body through the art of ballroom dance. Bonnie Diazs Ballroomology was created to explore the idea that we are here once again as energized beings occupying these bodies to express the gift of Ballroom Dance. Fulfilling our destiny through this transformational approach people unite with soul recognition, awareness of a love - heart connection and creation of partnering through a moving meditation. [www.ballroomology.com](http://www.ballroomology.com) A portion of the proceeds from this book will go to Ballroom Barks. A 501(c)3 Non-Profit organization with a mission to utilize the artistic partnering of Ballroom Dance to promote humane and safe treatment for all animals on this planet. [www.BallroomBarks.org](http://www.BallroomBarks.org)

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