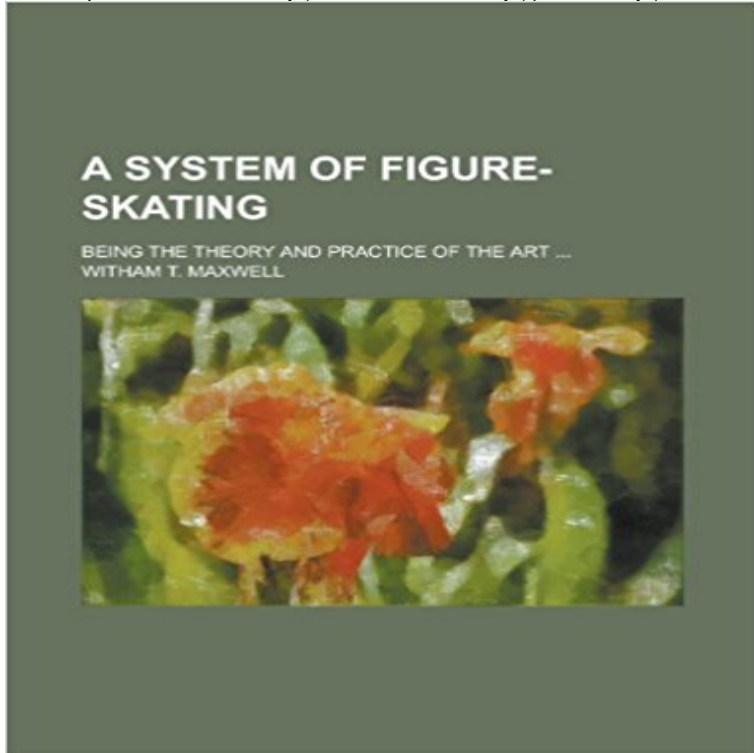


A system of figure-skating; being the theory and practice of the art ...



This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1897 edition. Excerpt: ...Back two turns.--One from the outside back, which places him on the inside forward, from which another turn is made, restoring him again to the outside back. Observe, first, that by any of these two turns the skater is brought back to the original starting edge. Secondly, that any odd number of turns changes the direction of going from forwards to backwards, or backwards to forwards. Thirdly, that by any even number of turns, the original direction of going is preserved. Fourthly, that plural turns are but the coupling of the respective single turns that apply to each other. The skater must be particularly careful to learn the art of being steady, by making the curves between the turns large and equidistant, and dwelling very long on the edge after making the last turn. It is a common and bad fault with skaters to make an involuntary turn, from having indulged in the bad practice of starting off with a spin, the consequence of which is, that the curves between the turns are dwarfed and unequal; one curve will perhaps be only a few inches, and the other two yards. The facilities which arise in skating for using the cross impulse and spread-eagle at once become apparent. The skater can combine them with such outside turns forward and backward as are suitable, and can easily ramble about the ice with an alternating action, without any fresh start but what naturally belongs to such turns when continued and sustained from the cross impulse, or from the spread-eagle. They make a really excellent and effective performance for the single skater, and one which every onlooker admires for its graceful singularity. To take a smart run and do forward two turns, continuing on

the outside edge steadily for a long and large curve, is another severe test...

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